

Agricultural landscape

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## The Etruscan baths of Bagnone and the villages of the upper Val di Cornia



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## The Etruscan baths of Bagnone and the villages of the upper Val di Cornia



Type: Bicycle - Gravel,  
Bicycle - MTB | Difficulty: TC/MC |  880 m |  638 m |  35 km

Località di partenza e arrivo: -

The tour holds many surprises, especially for “Baths archaeology” enthusiasts.

The recently discovered Bagnone settlement dates back to the 3rd century BC and is an extremely interesting and fascinating place, both because it is the only Etruscan baths site in the territory of ancient Etruria, and because of the landscape in which it is set, nestled between a stream, still fed by hot water, and the wild valley of the Cornia river.

The itinerary continues along the Cornia, goes upwards again in via La Leccia and finally Sasso Pisano, both well-preserved medieval villages.

Once you reach Sasso, under the spectacular cliff on which the village stands, you will find a small bathing pond, recently built, where you can happily enjoy some well-deserved relaxation.

## Points of interest



### 1. Natural geothermal events in Lagoni di Sasso

Geosite - mining archeology

Scorching rocks, hot springs amidst jets of steam and bubbling pools, a unique and inimitable barren landscape, a striking natural environment comparable to a 'place from hell'.



### 2. Chapel of Lagoni di Sasso

Historical-cultural feature

The chapel was commissioned from Giovanni Michelucci by the company Larderello in 1956, together with three groups of terraced houses, complemented by the social centre and the recreational club. Read more...



### 3. Geothermal power plant

Geosite - mining archeology

Old geothermal power plant with a characteristic cooling tower



### 4. Bagnone Spa

Historical-cultural feature

It is the largest sacred Etruscan and Roman bath complex in the world, unique in its type (no source). Important public buildings also stood near the complex, with a special mark found on the tiles. Read more...



### 5. River Cornia

Naturalistic feature

It is about 50 km long and crosses the provinces of Pisa, Grosseto and Livorno. It rises from Monte Aia dei Diavoli near Sasso Pisano in the Colline Metallifere at 875 m above sea level. Read more...



### 6. The village of Lustignano

Historical-cultural feature

The village, a hamlet of Pomarance, is 410 metres above sea level and has the typical structure of a medieval castle, almost shell-shaped. Read more...



### **7. The village of Serrazzano**

#### Historical-cultural feature

A hamlet of Pomarance, the medieval village of Serrazzano is situated on a hill at an altitude of about 550 m in a dominant position between the valleys of the Trossa stream, a tributary of the Cecina, and the Cornia. [Read more...](#)



### **8. La Leccia**

#### Historical-cultural feature

A hamlet of Castelnuovo, it is a small, well-preserved medieval village in an isolated position in the woods of the upper Cornia river valley. [Read more...](#)